

Van Buren Community Mental Health Resources

24-Hour Crisis Line: 1-800-922-1418

VBCMh provides mental health services by video telehealth and in person appointments.

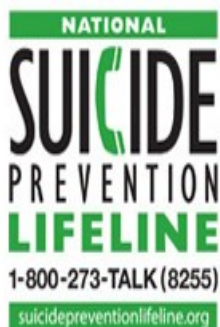
To discuss starting services, please call:

Main Phone Number: 269-657-5574; toll free at 1-800-922-1418

Michigan Stay Well Line 1-888-535-6136 and press “8”

If you're feeling emotional distress due to the COVID-19 pandemic, get free, confidential support from a Michigan Stay Well counselor.

The Stay Well counseling line is available 24/7
Virtual support groups, webinars and videos resources also available
Michigan.gov/StayWell



National Suicide Prevention Lifeline 1-800-273-8255

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Veterans Line—**same number, press 1**

Spanish language available at **1-888-628-9454**

Other languages available through tele-interpreter services

CRISIS TEXT LINE |

In Crisis?

To speak anonymously with a Crisis Counselor

Text HAND to 741741

For Spanish, text HOLA to 741741

Free, 24/7 support for people in crisis



Mental Health Resources:

24 Hour Crisis Lines:



Van Buren CMH	1-800-922-1418
SAMHSA Disaster Distress Helpline	1-800-985-5990
National Suicide Prevention Lifeline	1-800-273-8255
Veterans Lifeline	1-800-273-8255, press 1
Michigan Stay Well	1-888-535-6136, press 8
Trevor Lifeline (LGBTQ youth & young adults)	1-866-488-7386
LGBTQ Elder Hotline	1-877-360-LGBT (5428)

Text Crisis Lines:



Crisis Text Line	Text HAND to 741741
Spanish	Text HOLA to 741741
SAMHSA's Disaster Distress Helpline	Text TalkWithUs to 66746
Nat'l Suicide Prevention Lifeline for Veterans	Text 838255